

NASHVILLE COMMUNITY HIGH SCHOOL

EXTRA-CURRICULAR POLICY

Rules & Code of Conduct

The Athletic Code applies to all students who want to participate in athletics. For the purpose of this policy, the definition of "athletics" includes but is not limited to all competitive sports, extracurricular activities, cheerleading, flags, and dance. This Code applies in addition to other rules and regulations concerning student conduct and imposes additional requirements on student athletes and participants of extra-curricular activities.

Participation in athletics is a privilege. The school and its representatives (coaches, athletic director, sponsors, and administrators, etc.) have complete authority in matters related to all extra-curricular activities. Students are expected to conduct themselves both in and out of school in a manner appropriate to their responsibilities as representatives of the school and district. If a student fails to comply with the terms of this policy, the privilege to participate in extra-curricular activities may be revoked. Student participation including playing time, positions held, etc. is at the sole discretion of the Coach or sponsor.

IHSA

Eligibility for most athletics is also governed by the rules of the Illinois High School Association (IHSA). In a case of a conflict between IHSA and the Athletic Policy, the most stringent rule will be enforced.

ACADEMIC ELIGIBILITY

Weekly: Student athletes must pass five academic classes per week. This academic check is cumulative through the semester. It is NOT solely dependent upon the student's weekly work. Students who are ineligible for the week are ineligible to participate in interscholastic events for one week (Tuesday AM through Monday PM). Students whose academic load is less than five will be checked based upon four academic classes.

Semester: Student athletes must pass five academic classes per semester to be eligible for the next semester. Students who fail to pass five academic classes for a semester will be ineligible for the entire next semester (the exception is if a student attends an approved summer school between his or her second and first semester). Adjustments to this requirement are made for students whose academic load is less than five classes.

Students who are repeatedly ineligible for extra-curricular activities may be removed from the activity for the remainder of the school year.

ATTENDANCE AT SCHOOL

Students arriving to school later than the start of the 5th class period due to illness will not participate/attend after school activities/games that same day. Exceptions will require prior administrative approval.

A student who has been suspended from school is also suspended from participation in all extracurricular and athletic activities for the duration of the suspension.

REQUIREMENTS FOR PARTICIPATION IN ATHLETIC ACTIVITIES

A student must meet all academic eligibility requirements and have the following fully executed documents on file in the school office before being allowed to participate in any athletic activity:

- 1) A current physical issued by a licensed physician, an advanced practice nurse, or physician assistant.
- 2) A permission slip to participate in the specific athletic activity signed by the student's parent/guardian.
- 3) Proof of medical insurance.
- 4) A signed Athletic Policy. By signing the policy, the student and parent agrees that the student shall not ingest or otherwise use any drugs on the IHSA's most current banned substance list and agrees to participate in IHSA's Performance Enhancing Substance Testing Policy. The student understands that he/she shall not ingest or possess alcohol, tobacco products, or any other illegal drugs.
- 5) Concussion baseline testing

CODE OF CONDUCT

THIS CODE OF CONDUCT APPLIES TO ALL EXTRACURRICULAR AND ATHLETIC ACTIVITIES AND IS ENFORCED 365 DAYS PER YEAR 24 HOURS PER DAY.

This Code does not contain a complete list of inappropriate behaviors. Violations will be treated cumulatively, with disciplinary penalties increasing with subsequent violations. A student may be excluded from extracurricular or athletic activities while the school is conducting an investigation into the student's conduct.

The student shall not:

- 1) Violate the school rules and District policies on student discipline including policies and procedures on student behavior;
- 2) Ingest/possess or otherwise use a beverage containing alcohol
- 3) Ingest/possess or otherwise use tobacco or nicotine in any form;
- 4) Ingest/possess or otherwise use buy, sell, offer to sell, barter, or distribute any product composed purely of caffeine in a loose powdered form or any illegal substance (including mood-altering and performance enhancing drugs or chemicals) or paraphernalia. For the purposes of this policy, any drug or medication not legally obtained by a valid prescription to the student who is ingesting/possessing the drug shall be deemed an "illegal substance";
- 5) Ingest/possess or otherwise use, buy, sell, offer to sell, barter, or distribute any object that is or could be considered a weapon or any item that is a look alike weapon. This prohibition does not

prohibit legal use of weapons in cooking and in athletics, such as archery, martial arts practice, target shooting, hunting, and skeet;

6) Attend a party or gathering and/or ride in a vehicle where alcoholic beverages and/or controlled substances are being consumed by minors;

7) Act in an unsportsmanlike manner;

8) Violate any criminal law, including but not limited to, assault, battery, arson, theft, gambling, eavesdropping, vandalism, and reckless driving;

9) Haze or bully other students;

10) Violate the written rules for extracurricular or athletic activity;

11) Behave in a manner that is detrimental to the good of the group or school

12) Be insubordinate or disrespectful toward the activity's sponsors or team's coaching staff;

13) Falsify any information contained on any permit or permission form required by the extracurricular or athletic activity.

Hazing is any humiliating or dangerous activity expected of a student to belong to a team or group, regardless of his or her willingness to participate. Bullying includes cyber-bullying (bullying through the use of technology or any electronic communication) and means any severe or pervasive physical or verbal act or conduct, including communications made in writing or electronically, directed toward a student or students that has or can be reasonably predicted to have the effect of one or more of the following:

1) Placing the student or students in reasonable fear of harm to the student's or student's person or property;

2) Causing a substantially detrimental effect on the student's physical or mental health

3) Substantially interfering with the student's academic performance or

4) Substantially interfering with the student's ability to participate in or benefit from the services, activities, or privileges provided by a school.

Examples of prohibited conduct include but is not limited to name calling, using derogatory slurs, stalking, sexual violence, causing psychological harm, threatening, or causing physical harm, threatened or actual destruction of property, or wearing or possessing items depicting or implying hatred or prejudice of one of the characteristics stated above.

DUE PROCESS PROCEDURES

Students who are accused of violating the Code of Conduct are entitled to the following due process:

1) The student should be advised of the disciplinary infraction with which he/she are being charged

2) The student shall be entitled to a hearing before an appropriate administrator

3) The student will be able to respond to any charges leveled against him/her

4) The student may provide any additional information he/she wishes for the administrator to consider

5) The administrator, with the help of other staff members if needed, may interview material witnesses or others with evidence concerning the case

6) If the administrator finds, with input from the Athletic Director and Coach/Sponsor and after reviewing the evidence, that the violation occurred the administrator will impose sanctions on the student as follows:

a) Sanctions for violations, including those pertaining to drug and alcohol, will be based on the nature of the offense and the number of offenses, and may include suspension from all extra-curricular or athletic activities for one of the time periods described below. The administrator will issue a suspension for:

* A specified period of time or percentage of events, competitions, or practices;

* The remainder of the season or for the next season; or

* The remainder of the student's career.

* If the full suspension of games cannot be fulfilled during the current season, the student will not be allowed to participate in the subsequent season until the full suspension is served.

STUDENTS MUST UNDERSTAND THAT NASHVILLE COMMUNITY HIGH SCHOOL WILL NOT TOLERATE ITS ATHLETE'S INVOLVEMENT WITH ALCOHOL/DRUGS EITHER DIRECTLY (USING, POSSESSING) OR INDIRECTLY (BEING PRESENT AT A PARTY WHERE ALCOHOL/DRUGS ARE AVAILABLE)

STUDENTS WHO MAKE THE CHOICE TO INVOLVE THEMSELVES WITH DRUGS/ALCOHOL SHOULD REALIZE THEY ARE CHOOSING TO END THEIR ATHLETIC CAREER AT NCHS.

7) The administrator will make a written report of his or her decision and rationale. The student may appeal the decision to the Superintendent.

MEDICAL RELEASE TO RETURN TO COMPETITION

When there is any question of student's medical fitness to practice or compete, staff or school officials may require the student to provide a release to participate, signed by a licensed medical doctor, before allowing the student to engage in further activity. In each instance when a student has been directed by a staff member or other school official to seek medical examination or treatment the student shall provide a release to participate, signed by a licensed medical doctor, before allowing the student to engage in further activity. Students who have a medical exemption from Physical Education classes shall not participate in any athletic program of the school until a release to return to PE is on file.

CONCUSSIONS

Concussions are a serious matter. Students who participate in athletics shall be required to abide by concussion protocols developed by the school.

TEAM RULES

__ Coaches have the full authority to develop team rules, however, such rules shall not violate provisions of the Athletic Policy or other school- related policies. Coaches may dictate dress and grooming of team/activity members in an effort to show team unity. Prohibitions shall be limited to those which present health or safety concerns for the student or other participants or dress and grooming that disrupts the team image and/or violates school policy.

EQUIPMENT

Students shall be responsible for the care and maintenance of all equipment issued to them. Each student issued equipment shall return the equipment in good condition to the department within one week of completion of the season for which the equipment was issued, or within one week of the participation in the event for the season, whichever comes first. If a student fails to return equipment as required, or returns it in damaged condition, the student may be charged for replacement or repair. Students will not be issued equipment for any subsequent season/activity until all outstanding equipment has been returned or paid for. Additionally, disciplinary action may be taken against students who fail to return equipment.

TRAVEL

All students shall travel to extracurricular events and return home from extra -curricular events with the team on which the student competes by use of school approved means of transportation. A written waiver of this rule may be issued by staff or administrator upon written request of a student's parent/guardian but is subject to the coach's discretion. Parents requesting transportation by means other than school approved modes shall hold the school harmless in the event of accident or injury to the student as a result of the alternative transportation. Permission will not be granted by the school to allow any student to be transported by an individual who has not reached their 18th birthday. Oral requests shall not be honored an oral permissions shall not be valid.

DISCIPLINARY ACTION

Coaches and sponsors of athletics and activities shall have the authority to issue disciplinary consequences to students who violate team rules. Students may appeal the disciplinary action to the Athletic Director and/or Principal.

PARENT'S ROLE

__ Parents are considered a valuable asset to assist students in achieving their goals. NCHS encourages parents to support all teams and activities. Parents are expected to set a positive tone. Parents shall not approach coaches or sponsors during or immediately after a game or activity. Parents who wish to discuss issues with coaches/sponsors should call the school at (618) 327-8286 to arrange for a mutually agreeable time to meet. Coaches are encouraged to meet with parents in the presence of the Athletic Director or Administrator. Parents who are disrespectful or antagonistic toward school staff may be banned from attending activities and/or their son/daughter may be removed from the team or activity.

SIGNATURES

I received a copy of the Nashville High School Extra-Curricular Policy. I have read the Policy and fully understand the rules within. I understand and agree that the rules shall be applied to me and or my child.

Name of Student: _____

Student Signature

Parent Signature

Date