

## SOMERSWORTH SCHOOL DISTRICT – COVID-19 ILLNESS MANAGEMENT PROTOCOLS (REVISED 8-19- 2022)

Our goal is to safely offer in-person learning for the duration of the 2022-2023 school year. Please adhere to the following illness management protocols:

### Exposure Protocols

If your child is **exposed to someone** who has been diagnosed with COVID-19, **REGARDLESS** of your child's vaccination status:

- Your child can stay in school UNLESS they start to show symptoms. Your child does NOT need to isolate or quarantine UNLESS they start to show symptoms.
- The CDC recommends that your child wear a mask for 10 days after exposure to someone with COVID-19.
- You should monitor your child for symptoms for 10 days after exposure to someone with COVID-19.
- You should consult with your child's health care provider to discuss any concerns.

### Symptom Management

**If your child is showing ANY symptoms of COVID-19, please help keep your child home from school.**

If your child **develops symptoms at school**:

- The child should notify their teacher or the school nurse immediately.
- The school nurse will call the parents to pick up their child from school.
- The child CANNOT return to school for 5 calendar days and must be FEVER FREE AND OTHER SYMPTOMS IMPROVING for 24 hours without the help of medication **UNLESS the child gets tested for COVID-19. To be sure when you can return to school, please contact your school nurse. You can also consult the CDC's isolation calculator at: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>**
- The child **CAN** return to school before the 5-day period ends **IF they get tested and have a negative result**. Proof of a negative test must be shown to the school nurse. **Home test results WILL BE ACCEPTED. TEST RESULTS MUST BE SHOWN TO THE SCHOOL NURSE AND MUST INCLUDE NAME OF STUDENT AND DATE OF TEST.**
- Students can also be tested for COVID-19 at school with parent permission. Please contact your school nurse for more information.

If your child **develops symptoms at home**:

- **Please keep your child home from school.**
- You should contact the school nurse to inform them that your child has developed symptoms.
- The child CANNOT return to school for 5 calendar days and must be FEVER FREE AND OTHER SYMPTOMS IMPROVING for 24 hours without the help of medication **UNLESS the child gets tested for COVID-19. You can also consult the CDC's isolation calculator at: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>**
- The child **CAN** return to school before the 5-day period ends **IF they get tested and have a negative result**. Proof of a negative test must be shown to the school nurse. **Home test results WILL BE ACCEPTED. TEST RESULTS MUST BE SHOWN TO THE SCHOOL NURSE AND MUST INCLUDE NAME OF STUDENT AND DATE OF TEST.**

### IF YOUR CHILD HAS TESTED POSITIVE FOR COVID-19

- Your child will need to remain home from school for 5 calendar days. Please contact the school nurse on day 5. You can also consult the CDC's calculator at: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>
- Your child must be fever free without the help of medication and other symptoms are improving for 24 hours before they can return to school.
- **DHHS still requires that your child wear a mask on days 6 through 10 when they return to school.** If your child does not wear a mask, they will need to remain home for the entire 10-day isolation period.