

Unit 3: Rights, Responsibilities, Actions, and the Law

| | | | | | |
|----------------|----------------|------------------|---------------|----------------|--|
| Unit #: | APSDO-00032149 | Duration: | 5.0 Lesson(s) | Date(s) | |
|----------------|----------------|------------------|---------------|----------------|--|

Team:
 Mellanee Harmon (Author), Allison Zmuda, Jodi Kryzanski, Kathleen Fisher, James Pappa, Katie Schmutz, Timothy Feshler, Lisa Abate, Jeffrey Redman, Ann Perrault, Holly Rzonca, Cheryl Edwards, Donald Bartomioli, Molly DeSantis, Mellanee Harmon

Grade(s)
 5, 6, 7, 8

Subject(s)
 Wellness

Unit Focus

In this unit, students will continue to learn about their legal rights, responsibilities, and actions to protect themselves through literacy-based discussions, activities, and role playing.

Stage 1: Desired Results - Key Understandings

| Standard(s) | Transfer | |
|---|---|--|
| <p>Connecticut Goals and Standards <i>Health Education: 8</i></p> <ul style="list-style-type: none"> Analyze how family and cultural diversity enriches and affects personal health behaviors <i>H.4.1</i> Analyze situations and demonstrate healthy ways to express needs, wants and feelings <i>H.5.4</i> Apply and assess strategies to improve or maintain personal, family and community health by examining influences, rules and legal responsibilities that affect decisions <i>H.3.4</i> Assess the importance of assuming responsibility for personal health | <p>T1 (T1) Develop skills, knowledge and concepts needed to make appropriate decisions to create a healthy and balanced lifestyle.</p> <p>T2 (T2) Communicate effectively based on purpose, task and audience using appropriate vocabulary and body language.</p> <p>T3 (T3) Advocate based on personal needs (academic, behavioral, emotional and physical) to determine an appropriate solution for self and others.</p> | |
| | Meaning | |
| | Understanding(s) | Essential Question(s) |
| | <p>U1 (U201) The way we communicate with one another has a direct effect on the group`s outcome.</p> <p>U2 (U202) Describing your feelings/needs/wants may be awkward and uncomfortable but necessary to help your</p> | <p>Q1 (Q150) What choices do I make when I am in charge of myself?</p> <p>Q2 (Q151) How do I keep myself safe?</p> <p>Q3 (Q200) How do I talk to and act with others to achieve ____ (a desired result)?</p> <p>Q4 (Q201) How do I listen and respond to</p> |

| | | |
|--|--|--|
| <p>behaviors <i>H.3.1</i></p> <ul style="list-style-type: none"> • Demonstrate care, empathy, respect and responsibility for others without bias, abuse, discrimination or harassment based on, but not limited to, race, color, sex, religion, national origin, sexual orientation, ancestry, marital status, mental retardation, mental disorder and learning and/or physical disability <i>H.5.5</i> • Demonstrate the ability to identify positive and negative emotions and analyze the impact on behavior <i>H.5.3</i> • Demonstrate various strategies when making decisions to enhance health <i>H.6.1</i> • Evaluate how families, peers and community members can influence the health of individuals <i>H.1.4</i> • Use the ability to influence and support others in making positive health choices <i>H.8.4</i> | <p>well-being.</p> <p>U3 (U203) The words you choose affect the people around you.</p> <p>U4 (U300) The way in which we advocate for self and others has a direct impact on overall well-being and performance.</p> <p>U5 (U301) Regardless of how old you are, you are the best person to know what you are thinking and how you are feeling</p> | <p>others` ideas and suggestions?</p> <p>Q5 (Q202) How do I describe what I`m feeling?</p> <p>Q6 (Q300) How do I speak up for myself/someone else? How do I find the words?</p> <p>Q7 (Q203) How do I find the words to speak up for myself? How do I find the words to speak up for others?</p> <p>Q8 (Q301) How do I speak up for myself/someone else in a way that gets people`s attention?</p> <p>Q9 (Q302) Where do I go/who do I turn to when I need help?</p> <p>Q10 (Q500) How do I find out answers to serious and sensitive questions?</p> |
| Acquisition of Knowledge and Skill | | |
| Knowledge | Skill(s) | |
| | <p>S1</p> <p>Make choices to keep oneself safe</p> <p>S2</p> <p>Listen and respond to others in a positive manner</p> <p>S3</p> <p>Seek help from trusted adults</p> <p>S4</p> <p>Use words to speak up for self and others</p> | |