

# Unit 15: Tchoukball

<b>Unit #:</b>	APSDO-00026644	<b>Duration:</b>	5.0 Day(s)	<b>Date(s)</b>	
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**Team:**  
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**Grade(s)**  
 5, 6, 7, 8

**Subject(s)**  
 Wellness

## Unit Focus

In this unit, students will be introduced to the game of tchoukball through a deliberate focus on throwing, catching, and passing. Students will demonstrate improved performance by participating in small and large group games.

## Stage 1: Desired Results - Key Understandings

Standard(s)	Transfer	
<p><b>Connecticut Goals and Standards</b>  <i>Physical Education: 8</i></p> <ul style="list-style-type: none"> <li>Apply safe practices, rules, procedures etiquette and good sportsmanship in all physical activity settings, and take initiative to encourage others to do the same <i>H.13.1</i></li> <li>Demonstrate understanding of how rules, and safety practices and procedures need to be adjusted for different movement situations <i>H.10.3</i></li> <li>Develop and demonstrate initiative in implementing strategies for including all persons, despite individual differences, in physical activity settings <i>H.13.3</i></li> <li>Maintain and further develop the</li> </ul>	<p><b>T1</b> (T1) Develop skills, knowledge and concepts needed to make appropriate decisions to create a healthy and balanced lifestyle.</p> <p><b>T2</b> (T2) Communicate effectively based on purpose, task and audience using appropriate vocabulary and body language.</p> <p><b>T3</b> (T4) Identify a goal, determine an appropriate plan, evaluate its effectiveness and make appropriate adjustments.</p>	
	Meaning	
	Understanding(s)	Essential Question(s)
	<p><b>U1</b> (U101) Knowing where your body is located in space keeps you moving where you want to go.</p> <p><b>U2</b> (U108) Demonstrating proper technique (body position, correct movements) creates a predictable outcome.</p>	<p><b>Q1</b> (Q101) How do I use my body to move around the ____ (field, gym, dance floor)? How do I stay aware of where everyone else is?</p> <p><b>Q2</b> (Q107) How do I hit the ball/object to get it where I want it to go?</p>

<p>fundamental movement skills in open environments <i>H.9.1</i></p> <p><i>Physical Education: 12</i></p> <ul style="list-style-type: none"> <li>Demonstrate an understanding of what the body does, where the body moves, how the body performs the movement and relationships that enable skilled performances <i>H.10.1</i></li> </ul>	Acquisition of Knowledge and Skill	
	Knowledge	Skill(s)
		<p><b>S1</b></p> <p>Gr 5-8: Demonstrate spatial awareness, passing, throwing, catching, and ball movement up and down court</p> <p><b>S2</b></p> <p>Gr 5-8: Demonstrate the roles of participation by teammates involved in the activity</p> <p><b>S3</b></p> <p>Gr 5-8: Demonstrate proper positioning on floor or arena</p> <p><b>S4</b></p> <p>Gr 5-8: Demonstrate understanding of strategy and throwing at open pitch back</p>