

Unit 3: Rights, Responsibilities, Actions, and the Law

Unit #:	APSDO-00032152	Duration:	5.0 Lesson(s)	Date(s)	
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Grade(s)
2, 3, 4

Subject(s)
Wellness

Unit Focus

In this unit, students will continue to learn about their legal rights, responsibilities, and actions to protect themselves through literacy based discussions, activities, and role playing.

Stage 1: Desired Results - Key Understandings

Standard(s)	Transfer	
<p>Connecticut Goals and Standards <i>Health Education: 4</i></p> <ul style="list-style-type: none"> • Apply strategies to improve or maintain personal and family health by examining influences, rules and legal responsibilities that affect decisions <i>M.3.4</i> • Examine how families and peers can influence the health of adolescents <i>M.1.4</i> • Use a decision-making process to enhance health <i>M.6.1</i> • Use the goal-setting process to enhance health <i>M.7.1</i> 	<p>T1 (T1) Develop skills, knowledge and concepts needed to make appropriate decisions to create a healthy and balanced lifestyle.</p> <p>T2 (T2) Communicate effectively based on purpose, task and audience using appropriate vocabulary and body language.</p> <p>T3 (T3) Advocate based on personal needs (academic, behavioral, emotional and physical) to determine an appropriate solution for self and others.</p>	
	Meaning	
	Understanding(s)	Essential Question(s)
	<p>U1 (U201) The way we communicate with one another has a direct effect on the group`s outcome.</p> <p>U2 (U202) Describing your feelings/needs/wants may be awkward and uncomfortable but necessary to help your</p>	<p>Q1 (Q150) What choices do I make when I am in charge of myself?</p> <p>Q2 (Q151) How do I keep myself safe?</p> <p>Q3 (Q200) How do I talk to and act with others to achieve ____ (a desired result)?</p> <p>Q4 (Q201) How do I listen and respond to</p>

	<p>well-being. U3 (U203) The words you choose affect the people around you. U4 (U300) The way in which we advocate for self and others has a direct impact on overall well-being and performance. U5 (U301) Regardless of how old you are, you are the best person to know what you are thinking and how you are feeling</p>	<p>others` ideas and suggestions? Q5 (Q202) How do I describe what I`m feeling? Q6 (Q300) How do I speak up for myself/someone else? How do I find the words? Q7 (Q500) How do I find out answers to serious and sensitive questions?</p>
Acquisition of Knowledge and Skill		
Knowledge		Skill(s)
		<p>S1 Select choices to keep oneself safe</p> <p>S2 Listen and respond to others in a positive manner</p> <p>S3 Use words and actions to speak up for self and others</p> <p>S4 Identify ways to seek help from trusted adults</p>