

Unit 01: Soccer

Unit #:	APSDO-00026609	Duration:	4.0 Lesson(s)	Date(s)	
----------------	----------------	------------------	---------------	----------------	--

Team:
 Donna Nestler-Rusack (Author), Kathleen Fisher, James Pappa, Katie Schmutz, Timothy Feshler, Lisa Abate, Jeffrey Redman, Ann Perrault, Holly Rzonca, Cheryl Edwards, Molly DeSantis, Mellanee Harmon

Grade(s)
 K, 1, 2, 3, 4

Subject(s)
 Wellness

Unit Focus

In this unit, students will explore the game of soccer through deliberate focus on dribbling and passing. Students will improve their performance through eye/foot coordination activities in individual and group settings.

Stage 1: Desired Results - Key Understandings

Standard(s)	Transfer	
<p>Connecticut Goals and Standards <i>Physical Education: 4</i></p> <ul style="list-style-type: none"> Continue to develop skills to participate productively in groups, in both cooperative and competitive activities <i>M.13.2</i> Demonstrate knowledge of rules, safety practices and procedures as they apply to an increasing range of movement situations <i>M.10.3</i> Participate in a variety of individual, dual and team tasks, activities, creative movement, dance, play, games and sports <i>M.9.5</i> Value the skill competence that results from practice <i>M.14.5</i> 	<p>T1 (T1) Develop skills, knowledge and concepts needed to make appropriate decisions to create a healthy and balanced lifestyle.</p> <p>T2 (T2) Communicate effectively based on purpose, task and audience using appropriate vocabulary and body language.</p>	
	Meaning	
	Understanding(s)	Essential Question(s)
	<p>U1 (U100) Keeping your body centered keeps you grounded.</p> <p>U2 (U101) Knowing where your body is located in space keeps you moving where you want to go.</p> <p>U3 (U106) Effective execution of kicks is determined by the amount of power and technique necessary to get the ball to its</p>	<p>Q1 (Q100) How can I keep my body centered?</p> <p>Q2 (Q101) How do I use my body to move around the ____ (field, gym, dance floor)? How do I stay aware of where everyone else is?</p> <p>Q3 (Q106) How do I kick the ball to get it where I want it to go?</p>

	destination.	
Acquisition of Knowledge and Skill		
	Knowledge	Skill(s)
		<p>S1 K-4: Differentiate between movement in personal space and general space safely during activity</p> <p>S2 K-1: Identify different parts of the foot to use when dribbling, passing, and trapping</p> <p>S3 K-1: Move toward a stationary ball and make contact with dominant foot</p> <p>S4 K-1: Demonstrate tapping or dribbling of ball using the inside of foot sending it forward in general space</p> <p>S5 Gr 2-3: Demonstrate dribbling and passing with feet with slow to moderate jogging speed in general space with control of ball and body</p> <p>S6 Gr 4: Demonstrate dribbling and passing with feet in general space with control of ball and body while increasing and decreasing speed</p> <p>S7 Gr 4: Demonstrate shooting techniques with different parts of the foot while stationary or</p>

		moving with control and accuracy
--	--	----------------------------------