

Unit 4: Growth and Development

Unit #:	APSDO-00026713	Duration:	2.0 Lesson(s)	Date(s)	
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Team:
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Grade(s)
 2, 3, 4

Subject(s)
 Wellness

Unit Focus

In this unit students will continue to learn about the composition of the human body through literacy based group discussions and activities.

Stage 1: Desired Results - Key Understandings

Standard(s)	Transfer	
<p>Connecticut Goals and Standards <i>Health Education: 4</i></p> <ul style="list-style-type: none"> Demonstrate avoidance, refusal and negotiation skills to enhance healthy relationships <i>M.5.7</i> Demonstrate the ability to work cooperatively in small groups when advocating for healthy individuals, families and schools <i>M.8.5</i> Distinguish between safe, risky or harmful behaviors involving themselves and/or others <i>M.3.3</i> Explain how health is influenced by the growth and interaction of body systems <i>M.1.3</i> Explain the relationship between positive health behaviors and prevention of 	<p>T1 (T1) Develop skills, knowledge and concepts needed to make appropriate decisions to create a healthy and balanced lifestyle.</p> <p>T2 (T3) Advocate based on personal needs (academic, behavioral, emotional and physical) to determine an appropriate solution for self and others.</p> <p>T3 (T5) Access, evaluate and use information from various sources to deepen understanding of a given topic.</p>	
	Meaning	
	Understanding(s)	Essential Question(s)
	<p>U1 (U156) One`s person`s physiological development may be very different from your own experience.</p> <p>U2 (U154) The digestive system is designed to process nutrients and get rid of waste to maintain overall health.</p>	<p>Q1 (Q152) How does what I put in my body affect the way it works?</p> <p>Q2 (Q153) How do changes in my body affect outward behaviors?</p>

injury, illness, disease and premature death <i>M.1.1</i> • Use a decision-making process to enhance health <i>M.6.1</i>	Acquisition of Knowledge and Skill	
	Knowledge	Skill(s)
	K1 Vital organs and body cells of reproductive system	S1 Identify the systems of the body and their function S2 Differentiate between cells, tissues, organs, and systems