

## Unit 3: Rights, Responsibilities, Actions, and the Law

<b>Unit #:</b>	APSDO-00032154	<b>Duration:</b>	2.0 Lesson(s)	<b>Date(s)</b>	
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**Grade(s)**  
 K, 1

**Subject(s)**  
 Wellness

### Unit Focus

In this unit, students will begin to learn about their legal rights, responsibilities, and actions to protect themselves through literacy based discussions, activities and role playing.

### Stage 1: Desired Results - Key Understandings

Standard(s)	Transfer	
<p><b>Connecticut Goals and Standards</b>  <i>Health Education: 4</i></p> <ul style="list-style-type: none"> <li>Encourage and support others in making positive health choices <i>M.8.4</i></li> <li>Explain the importance of assuming responsibility for personal health behaviors <i>M.3.1</i></li> <li>Use a decision-making process to enhance health <i>M.6.1</i></li> <li>Use appropriate strategies to prevent/reduce risks and promote well-being <i>M.1.6</i></li> </ul>	<p><b>T1</b> (T1) Develop skills, knowledge and concepts needed to make appropriate decisions to create a healthy and balanced lifestyle.</p> <p><b>T2</b> (T2) Communicate effectively based on purpose, task and audience using appropriate vocabulary and body language.</p> <p><b>T3</b> (T3) Advocate based on personal needs (academic, behavioral, emotional and physical) to determine an appropriate solution for self and others.</p>	
	Meaning	
	Understanding(s)	Essential Question(s)
	<p><b>U1</b> (U201) The way we communicate with one another has a direct effect on the group`s outcome.</p> <p><b>U2</b> (U202) Describing your feelings/needs/wants may be awkward and uncomfortable but necessary to help your</p>	<p><b>Q1</b> (Q151) How do I keep myself safe?</p> <p><b>Q2</b> (Q200) How do I talk to and act with others to achieve _____ (a desired result)?</p> <p><b>Q3</b> (Q201) How do I listen and respond to others` ideas and suggestions?</p> <p><b>Q4</b> (Q202) How do I describe what I`m</p>

	<p>well-being.  <b>U3</b> (U203) The words you choose affect the people around you.  <b>U4</b> (U300) The way in which we advocate for self and others has a direct impact on overall well-being and performance.  <b>U5</b> (U301) Regardless of how old you are, you are the best person to know what you are thinking and how you are feeling</p>	<p>feeling?  <b>Q5</b> (Q300) How do I speak up for myself/someone else? How do I find the words?  <b>Q6</b> (Q302) Where do I go/who do I turn to when I need help?</p>
<b>Acquisition of Knowledge and Skill</b>		
<b>Knowledge</b>		<b>Skill(s)</b>
		<p><b>S1</b>  Select choices to keep oneself safe</p> <p><b>S2</b>  Listen and respond to others in a positive manner</p> <p><b>S3</b>  Seek help from trusted adults using words to speak up for self and others</p>