



FEBRUARY | 2023

PRC Dinner

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29 Stuffed shells Bread sticks Assorted veggies Fruit	30 Teriyaki chicken Fried brown rice Assorted veggies Fruit	31 Roasted pork loin Rice pilaf Assorted veggies Fruit	1 Lasagna Garlic bread Assorted veggies Fruit	2 Pot roast Dinner roll Assorted veggies Fruit	3 Veggie mac and cheese Assorted veggies Fruit	4 Country biscuit pot pie Mashed potatoes Assorted veggies Fruit
5 Honey glazed pork Double baked cheesy potato Assorted veggies Fruit	6 Teriyaki beef Lo Mein noodles Assorted veggies Fruit	7 Cheesy stuffed chicken Creamy rice Assorted veggies Fruit	8 Pesto penne pasta Garlic bread Assorted veggies Fruit	9 Meat loaf Double baked potato Assorted veggies Fruit	10 BBQ Pulled pork Baked beans Corn bread Assorted veggies Fruit	11 Stuffed peppers Baked potato Assorted veggies Fruit
12 Stuffed shells Bread sticks Assorted veggies Fruit	13 Teriyaki chicken Fried brown rice Assorted veggies Fruit	14 Roasted pork loin Rice pilaf Assorted veggies Fruit	15 Lasagna Garlic bread Assorted veggies Fruit	16 Pot roast Dinner roll Assorted veggies Fruit	17 Veggie mac and cheese Assorted veggies Fruit	18 Country biscuit pot pie Mashed potatoes Assorted veggies Fruit
19 Honey glazed pork Double baked cheesy potato Assorted veggies Fruit	20 Teriyaki beef Lo Mein noodles Assorted veggies Fruit	21 Cheesy stuffed chicken Creamy rice Assorted veggies Fruit	22 Pesto penne pasta Garlic bread Assorted veggies Fruit	23 Meat loaf Double baked potato Assorted veggies Fruit	24 BBQ Pulled pork Baked beans Corn bread Assorted veggies Fruit	25 Stuffed peppers Baked potato Assorted veggies Fruit
26 Stuffed shells Bread sticks Assorted veggies Fruit	27 Teriyaki chicken Fried brown rice Assorted veggies Fruit	28 Roasted pork loin Rice pilaf Assorted veggies Fruit	1	2	3	4