

SEPTEMBER 2022

HIGH SCHOOL

BREAKFAST PRICES
STUDENTS – CEP - \$0.00
ADULT/VISITORS \$2.35

LUNCH PRICES
STUDENTS – CEP - \$0.00
ADULT/VISITORS \$4.00

Monday

Tuesday

Wednesday

Thursday

Friday



HOLIDAY

5

Beef Stroganoff Over Rice
 Turkey & Cheese Wrap
 Chef Salad, Cheese Pizza, Tossed Salad w/Dressing, Green Beans, Crinkle Cut Fries
 Pineapple Tidbits, Fresh Fruit Bowl, Yeast Rolls, Saltine Crackers, Assorted Milk
 Ketchup, Mayonnaise, Mustard, PC, MS 1538, Assorted Gelatins w/Whipped Topping

6

Spaghetti & Meat Sauce
 Ham & Cheese Wrap, Chef
 Salad, Tossed Salad w/Dressing
 Pepperoni Pizza Wedge, Green Peas, Oven
 Baked Potato Wedge, Garlic Toast, Saltine
 Crackers, Fresh Fruit Cocktail Fresh Fruit
 Bowl, Assorted Milk, Ketchup, Mayonnaise
 Mustard, PC, MS 1538, Chocolate Pudding

7

Chicken Nachos, Chef Salad
 Cheeseburger, Stuff Crust Pizza
 Chef Salad, Tossed Salad w/Dressing, Oven
 Baked Potato Wedge Whole Kernel Corn,
 Yeast Rolls, Saltine Crackers, Chilled Diced
 Pears, Fresh Fruit Bowl, Assorted Milk
 Ketchup, Mayonnaise, Mustard, PC, MS
 1538, Sugar Cookies

1

Buffalo Hot Wings, Turkey &
 Cheese Hoagie, Stuff Crust Pizza
 Chef Salad Tossed Salad w/Dressing
 Macaroni & Cheese, Crinkle Cut Fries, Garlic
 Toast, Saltine Crackers, Fresh Fruit Bowl
 Fruit Cocktail, Assorted Milk, Ketchup
 Mayonnaise, Mustard, PC, MS 1538
 Banana Pudding

2

Chicken Quesadilla, American
 Sub Sandwich, Chef Salad
 Sausage Pizza, Tossed Salad w/Dressing
 Oven Baked Potato Wedge, Green Peas
 Yeast Rolls, Saltine Crackers, Fresh Fruit
 Bowl, Rosey Applesauce, Assorted Milk
 Ketchup, Mayonnaise, Mustard, PC
 MS 1538, Sugar Cookies

8

Chicken Tenders
 Waffles NA Bag, Cheeseburger
 Chef Salad, Pepperoni Pizza, Garden Salad
 w/Dressing, Crinkle Cut Fries, Whole Kernel
 Corn, Yeast Rolls, Saltine Crackers, Chilled
 Diced Pears, Fresh Fruit Bowl, Assorted
 Milk, Ketchup, Mayonnaise, Mustard, PC
 MS 1538, Chocolate Chip Cookies

9

Macaroni & Cheese w/Ham
 Slice, BBQ Pork Sandwich
 Chef Salad, Sausage Pizza, Garden Salad
 w/Dressing, Green Peas, Yeast Rolls
 Saltine Crackers, Fruit Cocktail, Fresh Fruit
 Bowl, Assorted Milk, Ketchup, Mayonnaise
 Mustard, PC, MS 1538
 Vanilla Pudding

12

Beef-A-Roni, Hot Dog
 Chef Salad, Pepperoni
 Pizza Wedge, Garden Salad w/Dressing
 Southern Green Beans, Baked Ranch
 Fries, Yeast Rolls, Saltine Crackers, Rosey
 Applesauce, Fresh Fruit Bowl, Assorted Milk
 Ketchup, Mayonnaise, Mustard, PC
 MS 1538, Chocolate Chip Cookies

13

Lemon Pepper Chicken
 Beef Steak Cheeseburger
 Chef Salad, Cheese Pizza, Garden Salad
 w/Dressing, Seasoned Cabbage, Baked
 Ranch Fries, Combread, Saltine Crackers
 Chilled Peach Slices, Fresh Fruit Bowl
 Assorted Milk, Ketchup, Mayonnaise
 Mustard, PC, MS 1538, Banana Pudding

14

Taco Salad NA Bowl
 Chef Salad, Cheeseburger
 Stuff Crust Pizza, Garden Salad
 w/Dressing, Whole Kernel Corn, Yeast Rolls
 Saltine Crackers, Fresh Fruit Bowl
 Pineapple Tidbits, Assorted Milk, Ketchup
 Mayonnaise, Mustard, PC, MS 1538
 Sugar Cookies

15

Buffalo Hot Wings
 Pepperoni Pizza, Chef Salad
 Hamburger, Garden Salad w/Dressing
 Baked Beans, Oven Baked Potato Wedge
 Yeast Rolls, Saltine Crackers, Fresh Fruit
 Bowl, Chilled Diced Pears, Assorted Milk
 Ketchup, Mayonnaise Mustard, PC
 MS 1538, Brownies

16

Chicken Spaghetti, Chicken
 Salad Sandwich, Chef Salad
 Cheese Pizza, Garden Salad w/Dressing
 Southern Green Beans, Oven Baked Potato
 Wedge, Yeast Rolls, Saltine Crackers, Fruit
 Cocktail, Fresh Fruit Bowl, Assorted Milk
 Ketchup, Mayonnaise, Mustard, PC
 MS 1538, Vanilla Pudding

19

Steak Fingers, American Sub
 Sandwich, Hamburger
 Chef Salad, Macaroni & Cheese, Garden
 Salad w/Dressing, Oven Baked Potato
 Wedge, Fresh Fruit Bowl, Chilled Peach
 Slices, Yeast Rolls, Saltine Cracker
 Assorted Milk, Ketchup, Mayonnaise
 Mustard, PC, MS 1538, Brownies

20

Baked Pork Chop
 Turkey & Cheese Wrap
 Chef Salad, Pepperoni Pizza, Garden Salad
 w/Dressing, Lima Beans, Oven Baked Potato
 Wedge, Combread, Saltine Crackers, Fruit
 Cocktail, Fresh Fruit Bowl, Assorted Milk
 Ketchup, Mayonnaise, Mustard, PC
 MS 1538, Creamsicle Dessert

21

John Wayne Casserole
 Corn Dog, Chef Salad, Cheese
 Pizza, Tossed Salad w/Dressing, Green
 Peas, Oven Baked Potato Wedge, Yeast
 Rolls, Saltine Crackers, Fresh Fruit Bowl
 Applesauce, Assorted Milk, Ketchup
 Mayonnaise, Mustard, PC, MS 1538
 Assorted Gelatins w/Whipped Topping

22

Buffalo Hot Wings, Turkey &
 Cheese Hoagie, Chef Salad
 Hamburger, Garden Salad
 w/Dressing, Baked Beans, Oven Baked
 Potato Wedge, Yeast Rolls, Saltine
 Crackers, Fresh Fruit Bowl, Chilled Diced
 Pears, Assorted Milk, Ketchup Mayonnaise
 Mustard, PC, MS 1538, CC Cookies

23

Chili Cheese Fries, BBQ Rib
 Sandwich, Chef Salad, Stuff
 Crust Pizza, Garden Salad w/Dressing
 California Veggies, Oven Baked Potato
 Wedge, Yeast Rolls, Saltine Crackers
 Pineapple Tidbits, Fresh Fruit Bowl
 Assorted Milk, Ketchup, Mayonnaise
 Mustard, PC, MS 1538, Sugar Cookies

26

Loaded Baked Potato w/Ham
 & Chicken, Ham & Cheese on
 Hoagie, Chef Salad, Pepperoni Pizza
 Wedge, Garden Salad w/Dressing, Cheesy
 Broccoli, Yeast Rolls, Saltine Crackers
 Fresh Fruit Bowl, Rosey Applesauce, Asst
 Milk, Ketchup, Mayo., Mustard Margarine &
 Sour Cream, PC, MS 1538, Brownies

27

Red Beans & Rice w/Sausage
 Chef Salad, Spicy Chicken Sand
 Stuff Crust Pizza, Garden Salad w/Dressing
 Green Peas, Oven Baked Potato Wedge
 Yeast Rolls, Saltine Crackers, Fruit Cocktail
 Fresh Fruit Bowl, Assorted Milk, Ketchup
 Mayonnaise, Mustard, PC
 MS 1538, Vanilla Pudding

28

Chicken Alfredo, Hot Dog
 Chef Salad, Pepperoni Pizza
 Wedge, Garden Salad w/Dressing, Green
 Beans w/Potatoes, Yeast Rolls, Saltine
 Crackers, Chilled Peach Slices, Fresh Fruit
 Bowl, Assorted Milk, Ketchup
 Mayonnaise, Mustard, PC, MS 1538
 Creamsicle Dessert

29

Chicken Nuggets
 Bacon Cheeseburger, Chef
 Salad, Cheese Pizza, Garden Salad
 w/Dressing, Whole Kernel Corn, Crinkle Cut
 Fries, Yeast Rolls, Saltine Crackers, Fresh
 Fruit Bowl, Blushing Chilled Pears
 Assorted Milk, Ketchup, Mayonnaise
 Mustard, PC, MS 1538

30

Menu is subject to change without notice.

In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity. (Not all prohibited bases apply to all programs.) This institution is an equal opportunity provider.

Contact information: CMSD Child Nutrition 662.241.7410