

# September 2022

Breakfast • Lunch • À la carte

Monday	Tuesday	Wednesday	Thursday	Friday
<b>LABOR DAY</b>  <b>5</b>	<b>B:</b> Cinnamon Toast Crunch cereal, toast, peaches, juice, milk <b>L:</b> Corn dog nuggets, baked beans, celery dippers, applesauce, milk <b>A:</b> Italian pork sandwich  <b>6</b>	<b>B:</b> Assorted bagels, cream cheese, oranges, juice, milk <b>L:</b> Taco salad, corn chips, lettuce/cheese, salsa, fresh grape tomatoes, golden rice, fruit cocktail, milk <b>A:</b> Beef gravy & mashed potatoes  <b>7</b>	<b>B:</b> Breakfast burrito, salsa, apples, juice, milk <b>L:</b> Swedish meatballs, whole grain pasta, whole wheat dinner rolls, baby carrots, peas, pears, milk <b>A:</b> Lasagna  <b>8</b>	<b>B:</b> Pancakes with strawberries & whipped topping, juice, milk <b>L:</b> Stuffed crust pepperoni pizza, spinach greens salad, fresh cucumber slices, bananas, milk <b>A:</b> Tomato soup, cookies  <b>9</b>
<b>B:</b> Cheddar cheese omelet, toast, peaches, juice, milk <b>L:</b> Pizza hotdish, garlic bread sticks, lettuce salad, fresh broccoli, pineapple chunks, milk <b>A:</b> Beef stroganoff  <b>12</b>	<b>B:</b> Mini bagels, cream cheese, applesauce, juice, milk <b>L:</b> Hot ham & cheese, oven fries, baby carrots, ice cream, oranges, milk <b>A:</b> Chicken pasta  <b>13</b>	<b>B:</b> Breakfast pizza, pears, juice, milk <b>L:</b> Chicken fajitas, lettuce/cheese, salsa, spanish rice, aztec black beans, apples, milk <b>A:</b> Ravioli  <b>14</b>	<b>B:</b> Cinnamon roll, fruit cocktail, juice, milk <b>L:</b> Cheesy potato soup, grilled cheese, baby carrots, strawberries, milk <b>A:</b> Meatballs & gravy  <b>15</b>	<b>B:</b> Waffles, peaches, juice, milk <b>L:</b> French bread pizza, lettuce salad, green peppers, bananas, milk <b>A:</b> Tomato soup, cookies  <b>16</b>
<b>B:</b> Mini apple bites, pears, juice, milk <b>L:</b> Tiger dunkers, garlic toast medallions, spinach greens salad, fresh broccoli, kiwi, milk <b>A:</b> Chicken tacos  <b>19</b>	<b>B:</b> Maple chip mini pancakes, apples, juice, milk <b>L:</b> Beef gravy, mashed potatoes, California blend vegetables, onion dill rolls, applesauce, milk <b>A:</b> Egg salad sandwich  <b>20</b>	<b>B:</b> Reese's Puffs cereal, toast, peaches, juice, milk <b>L:</b> Grilled chicken sandwich, baked beans, baby carrots, bananas, milk <b>A:</b> Mostaccioli  <b>21</b>	<b>B:</b> Pumpkin apple muffin, yogurt, applesauce, juice, milk <b>L:</b> Oriental chicken with oriental vegetables & rice, celery dippers, orange & pineapple cup, fortune cookies, milk <b>A:</b> Turkey gravy & mashed potatoes  <b>22</b>	<b>B:</b> Maple pancake sausage wrap, oranges, juice, milk <b>L:</b> Turkey & cheese sub, lettuce, tomato, onion, pickles, black olives, thick vegetable soup, peaches, milk <b>A:</b> Tomato soup, cookies  <b>23</b>
<b>B:</b> French toast sticks, pears, juice, milk <b>L:</b> Super beef nachos, tortilla chips, lettuce/cheese, salsa, refried beans, golden rice, oranges, milk <b>A:</b> Tuna salad sandwich  <b>26</b>	<b>B:</b> Breakfast bagel pizza, fruit cocktail, juice, milk <b>L:</b> Chicken strips, quick baked potato, chicken & herb couscous, baby carrots, strawberries & kiwi, milk <b>A:</b> Herbed chicken salad  <b>27</b>	<b>B:</b> Uncrustable breakfast sandwich, applesauce, juice, milk <b>L:</b> Spaghetti, garlic toast, spinach greens salad, fresh grape tomatoes, peaches, milk <b>A:</b> Chicken gravy & mashed potatoes  <b>28</b>	<b>B:</b> Long johns, apples, juice, milk <b>L:</b> Bacon chicken grilled sub, lettuce/cheese, roasted acorn squash, applesauce, milk <b>A:</b> Sweet & sour meatballs  <b>29</b>	<b>B:</b> Scrambled eggs, toast, oranges, juice, milk <b>L:</b> French bread pizza, lettuce salad, fresh broccoli, bananas, milk <b>A:</b> Tomato soup, cookies  <b>30</b>

This institution is an equal opportunity provider.